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United States Department of Agriculture  
EXTENSION SERVICE  
Washington, D. C.

REVISED OUTLINE OF PHASES OF 4-H CLUB WORK FOR  
CONSIDERATION IN CONFERENCES WITH STATE CLUB LEADERS  
TO BE USED IN MAKING TRIPS TO THE STATES\*

1. State: Date of trip:

2. Places to be visited:

3. Purpose of proposed trip:

4. Persons to be interviewed:

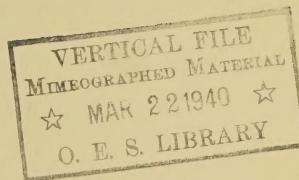
5. Review of the aims, objectives, and policies which govern 4-H Club work in the State as indicated in:

(1) Plan of work.

(2) Annual report.

(3) Literature.

(4) Conferences.



\* This outline has been proposed merely as a guide. It is not intended that all topics shall be considered on any one trip to a State. Those discussed will be in keeping with the major purposes of the trip. Copies will be filed in some central place for the benefit of those making subsequent visits to the State.

and the same time holding the mouth wide open so that the  
air may pass through it without any hindrance. This is called the  
abdominal breath. (1)

When you have taken a deep breath, hold it for a few moments  
and then slowly let it out. This is called the abdominal exhalation.  
This is also called the abdominal breath. (2)

Now take a deep breath and hold it for a few moments and then  
let it out slowly. This is called the thoracic exhalation. This is  
also called the thoracic breath. (3)

Now take a deep breath and hold it for a few moments and then  
let it out slowly. This is called the diaphragmatic exhalation.  
This is also called the diaphragmatic breath. (4)

6. An inventory and analysis of the 4-H Club work and extension machinery, including:

(1) Financing of 4-H Club work.

(2) Personnel handling 4-H Club work.

Number.

Background.

Training.

Relationship to subject-matter divisions of the college.

Possibilities.

(3) Larger problems facing rural young people of different age groups.

10 - 15.

16 - 21.

(4) Methods of determining and getting young people and leaders to recognize these problems.

(5) 4-H programs under way to meet these problems.

Types, particularly in connection with programs for better living on the farm.

Determination.

Relationship to general extension program.



Relationship to other agricultural and homemaking programs.

Results including spread of influence.

(6) Organization set up in keeping with programs to be developed.

Local project clubs.

Community clubs.

County clubs.

Clubs for the older group of young people.

County councils and committees.

Local leaders' organizations.

State councils.

College 4-H Clubs.

Other types of organization.

(7) Progress in coordination.

With other extension groups.

With national programs of other agencies.



(8) 4-H membership in relation to:

Number to be reached \_\_\_\_\_  
Number completing \_\_\_\_\_  
Number of county agents employed \_\_\_\_\_

(9) Literature and illustrative material.

(10) Studies under way and desired.

(11) Major educational incentives.

(12) General publicity.

News items.

Magazine articles.

Radio.

Fiction.

Motion pictures.

(13) Training and assistance in 4-H Club work given:

Specialists.

County agents, particularly the new agents.

Local leaders.



(14) Supervisory techniques developed.

(15) Professional improvement activities.

(16) Ways of measuring results.

7. Goals for the ensuing year.

(1) Enrollment of 4-H members -

Total for year \_\_\_\_\_

Number reenrolled \_\_\_\_\_

Proportion of young people reached between  
the ages:

10 - 15 \_\_\_\_\_

16 - 21 \_\_\_\_\_

Number per agent \_\_\_\_\_

(2) Percentage completing \_\_\_\_\_

(3) Personnel handling 4-H Club work including local leadership.

(4) Part of 4-H Club work in general extension program.

On a community basis.

On a county basis.

On a State basis.



(5) 4-H activities on a county basis in relation to objectives.

(6) 4-H activities on a State basis in relation to objectives.

(7) 4-H activities on a regional or national basis in relation to objectives.

8. Other matters of interest in relation to 4-H Club work.

9. Services desired from the Federal office.

10. Recommendations.

arrangement of materials at about 1000 ft. above elevation. (1)

arrangement of materials at about 1000 ft. above elevation. (2)

arrangement of materials at about 1000 ft. above elevation. (3)

above units have no evidence of movement by wave action.

about 1000 ft. above elevation has some evidence of wave action.

arrangement of materials (4)